

MINUTES: Healthy Carolinians of Macon County – Chronic Disease Committee

DATE: July 30, 2009

PLACE: Angel Medical Center

TIME: 8:30 – 10:00 AM

ATTENDEES: Becky Barr, Rhonda Blanton, Teresa Breedlove, Sherry Dills, Jennifer Garrett, Jennifer Hollifield, Kathy McGaha and Yvonne Smith

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Teresa Breedlove welcomed everyone to today's meeting of the Chronic Disease Committee. Ms. Breedlove asked the committee members to review the minutes of the last meeting. Jennifer Garrett motioned for the approval of the minutes. Jennifer Hollifield 2 nd the motion, with a unanimous vote for approval.		
MCPHC Chronic Disease Update	MCPHC Chronic Disease Update: <ol style="list-style-type: none">1. Girls on the Run – Becky Barr informed the committee members about a national program titled <i>Girls on the Run</i>. Ms. Barr said this program, if approved, will be held twice a week for 14 weeks ending with participation in a 5K run in Asheville. This program will target girls in the 4th and 5th grades and will be conducted at South Macon Elementary School. The program will run from September 21st to December 12th. Ms. Barr said there must be 3 coaches of which the two head coaches have to be females, plus one assistant coach. The coaches must be 21 or older, be CPR certified and go through a background check. The program will consist of lessons on different topics and running.2. Prevention Rx – Jennifer Hollifield explained the program – <i>Prevention Rx</i>. Ms. Hollifield said that this will be a quarterly lunch and learn program for local physician offices. Ms. Hollifield will explain programs offered at the Health Department, plus cover available resources and how to access them. Ms. Hollifield stated that this program is still in the planning stages and she will update us at the next meeting. She reviewed the proposed agenda:		

MINUTES: Chronic Disease Committee

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<ul style="list-style-type: none"> • Oct.-Dec. – Diabetes Program • Jan.-March – Quit Line • April-June – Communicable Disease Reporting <p>3. Ladies Night Out – Jennifer Hollifield next explained the program – <i>Ladies Night Out</i>. Ms. Hollifield said the media kickoff for this program was held last week. She stated that this program is a joint effort between the Health Department and Angel Medical Center. Ms. Hollifield said this program will be held on the fourth Thursday of every month starting in October and will cover different topics and provide information. Ms. Hollifield said the focus for October will be breast and cervical cancer.</p>		
Healthy Carolinians Conference	<p>Kathy McGaha informed the committee members about the upcoming Healthy Carolinian Conference in Greensboro on October 8th. Ms. McGaha said this conference will feature the release of the Prevention Action Plan from the North Carolina Institute of Medicine (NCIOM). This evidence-based plan contains strategies to improve population health in North Carolina.</p>		
Marketing Childhood Obesity	<p>Kathy McGaha next led the committee members in a further discussion on Marketing Childhood Obesity.</p> <ul style="list-style-type: none"> ▪ Did you do your homework? – Ms. McGaha asked the committee members if they had done the homework assignment from the last meeting. This assignment was to bring lists of any community partners doing obesity initiatives in our county with any available information. Yvonne Smith said the Highlands community mainly had offerings for adults and not many were geared towards children. Ms. McGaha asked the committee members to work on 		

MINUTES: Chronic Disease Committee

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<p>compiling these lists and bring them to the next meeting. Ms. McGaha asked the committee members to get the name of the program with a brief description and to include the contact person/phone number/address/e-mail information.</p> <ul style="list-style-type: none"> ▪ Who’s our target audience? – Ms. McGaha asked the committee members who the target audience should be. Since this type of information will be needed for the Regional Obesity Project, the committee members were in agreement to gather information for all ages. ▪ Best ways to market info? – Ms. McGaha asked the committee members the best way to market this information. Becky Barr suggested one way was to place this information on local websites. Ms. McGaha asked the committee members to further consider this question and discuss it more at the next meeting. 		
Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Jennifer Garrett informed the committee members that two new school nurses will start in August. ○ Jennifer Garrett also briefly updated the committee members on the tentative flu shot schedule for the school system. Ms. Garrett said the tentative schedule for the seasonal flu vaccines is September and the tentative schedule for H1N1 vaccinations is October or later. ○ Jennifer Garrett also reminded the committee members that the School Health Fairs will start in September and to please volunteer if possible. Rhonda Blanton has contacted all the PTO presidents and Ms. Garrett has mailed information to them. Ms. Blanton will also be sending out volunteer forms to all HCMC members. 	<p>Rhonda Blanton will send out the School Health Fair volunteer forms to all HCMC members.</p>	

MINUTES: Chronic Disease Committee

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<ul style="list-style-type: none"> ○ Jennifer Garrett explained that Macon and Jackson Counties had been awarded a PEP grant. This is a three-year grant for \$1.4 million dollars. Ms. Garrett said that this grant would be used to strengthen our local school’s PE programs. ○ Kathy McGaha apprised the committee members of an upcoming class for NC-CATCH (North Carolina Comprehensive Assessment for Tracking Community Health). NC-CATCH is a collection of health-related datasets that have been put into a data warehouse. This information can be used to compile and analyze data for the Community Health Assessment and the State of the County’s Health Report. Ms. McGaha said this training class will be held on August 18th at the Health and Human Services Building. ○ Kathy McGaha informed the committee members about the Comprehensive Plan for Macon County, which is currently being worked on. Ms. McGaha said that she hoped healthcare would be one of the topics considered in this process. ○ Rhonda Blanton passed out handouts to the committee members. Ms. Blanton explained that the Macon County Community Resource Center is currently gathering agency information. Ms. Blanton asked the committee members to please fill out these forms and return them to Janet Norman. 		
Next Meeting Date	The next meeting of the Chronic Disease Committee will be held on Wednesday, September 16 th , from 8:30 AM – 10:00 AM in the Video Conference Room at Angel Medical Center.		The date for the next Chronic Disease Committee meeting has been changed to Wednesday, Sept. 9th, from 8:30 -10:00 AM in the Video Conf. Rm. At AMC.